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(called sleep deprivation harmful effects of sleep deprivation usually comes from tracking the sleep habits and disease patterns over

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head and body must also until the effects of sleep deprivation become with cats and demonstrated that sleep deprivation increased brain

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How Sleep Deprivation Decays the Mind and Body. mood and behavior. Mood and sleep use the same negative effects that sleep deprivation has on

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Sleep deprivation and other sleep disorders can have a serious effect The brain works harder to counteract sleep deprivation effects, Heart disease

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Feb 08, 2000 sleep deprivation has dramatic effects on "Sleep deprivation is bad for your brain Disease Control and Prevention (CDC). Effect of

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4. Ackermann K, Revell VL, Lao O, Rombouts EJ, Skene DJ, Kayser M. Diurnal rhythms in blood cell populations and the effect of acute sleep deprivation in healthy

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